**Summer 2014 Week---end Art Therapy Course**  
Florida State University Art Therapy Program  
Department of Art Education

**Topic One: Foundations of Family Art Therapy**  
**Guest Lecturer:** Janice Hoshino, PhD, ATR---BC, LMFT, ATCS  
**Date:** June 13 - 14, 8:30 am -- 5:00 pm  
The first weekend provides an overview of family systems theory. Various schools of thought, including intergenerational, structural, narrative, and strategic approaches will be provided as a foundation in family art therapy practice. Further, these frameworks will be integrated with various family art therapy assessments and directives, with an emphasis on multicultural awareness and attunement.

**Topic Two: Family Art Therapy Assessment**  
**Guest Lecturer:** Paige Aswa, PhD, MFT, ATR---BC  
**Date:** June 26 - 27, 8:30 am -- 5:00 pm  
This course is a review of family art assessment. It begins with an introduction to the various types of family art assessments that define family strengths, weaknesses and dynamics to gain an understanding of family problems and needs in order to set and/or modify treatment plans. The continuum of assessment is considered from initial to formal assessment including definitions and criteria. The central portion of the course explores each of the family art therapy theories in depth through multiple learning modalities. Art making, case examples, demonstration videos and experiential exercises are the central impetus of the learning process. Students attend each of the classes having read all assigned material, prepared to participate in class discussion and learning exercises.

**Topic Three: Marriage and Couples Art Therapy**  
**Guest Lecturer:** Dina L. Ricco, Ph.D., LMHC, ATR  
**Date:** July 26 - 27, 8:30 am---5:00 pm  
In this third week---end course, presentations will include basic information on the major contributors in the field of art therapy that have focused on couples counseling as well as approaches to marriage and family therapy. Integration of these theoretical approaches and art therapy will be outlined within a treatment model for Marital Art Therapy. Objectives for the course include; recognizing the major contributors to couples counseling by prominent art therapists, exploring an overview of various approaches to couples counseling in the field of marriage and family counseling with an emphasis on the Gottman Sound Relationship House approach, expanding understanding of the use of art in couples counseling through experientials, further enhancing understanding through case studies of couple art therapy. The importance of research of effective marital family techniques will be discussed, and students will learn how art therapy can be used to address those research needs. Students will have the opportunity to explore through lecture, cooperative learning groups, art activities/directives completed and processed in class and further exploration individually through a final project assignment.
Biographies:

Janice Hoshino, Ph. D., ATR-BC, LMFT, ATCS

Janice Hoshino is Chair of Art and Expressive Therapies at Antioch University Seattle. She is a registered and board certified art therapist, a licensed marriage and family therapist and an AAMFT Approved Supervisor. Her research interests include multicultural issues with couples and families, art therapy with marginalized populations, such as interned Japanese--Americans from World War II, and couples issues, such as infidelity, and art therapy. Dr. Hoshino has a private practice working primarily with couples and families, and has over 25 years of vast clinical experience. Prior to teaching at Antioch, Dr. Hoshino taught at Emporia State University and Marywood University.

Paige Asawa, Ph. D., MFT, ATR-BC

Dr. Asawa is a full---time Associate Professor and Director of the Helen B. Landgarten Art Therapy Clinic at Loyola Marymount University. She has been practicing art therapy for over twenty years and currently teaches all of the family art therapy courses at LMU. She mentors graduate student research projects and the clinic fellowships. Her work in the art therapy clinic is focused on offering art therapy services to underserved populations in Los Angeles. This includes community outreach to local agencies and schools providing opportunities for clients and students to develop communication and coping skills as well as self expression through art therapy.

Dina L. Ricco, Ph. D., LMHC, ATR

Dina Ricco works as a clinical art therapist at Pacifica Care, a cognitive and behavioral health clinic in Jacksonville, Florida treating clients with a variety of mental health challenges. Her approach includes family systems, cognitive behavioral and art therapy techniques. She has 20 years of experience in a variety of clinical and instructional settings including various agencies, correctional facilities, school systems, community colleges and universities. Dr. Ricco conducted research on the use of the Gottman model with couples and now specializes in marital and couple art therapy. She presents statewide and nationally on the use of art therapy with various mental health issues.

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