

Curriculum Vitae

Donald, Karina

March 28, 2024

General Information

Professional Credential(s)

2022–present Licensed Marriage and Family Therapist - LMFT.

2021–present AAMFT Approved Supervisor.

2014–2024 Registered Art Therapist with Board Certification.

Professional Experience

2021–present Assistant Professor, Art Education, Florida State University. Art Therapy Faculty.

Current Membership in Professional Organizations

American Art Therapy Association
American Association for Marriage and Family Therapy
International Society for Traumatic Stress Studies
Mixed Methods International Research Association
National Council on Family Relations

Teaching

Courses Taught

Multicultural Issues in Art Therapy (ARE5558)
Practicum I (ARE5941)
Field Studies (ARE5940L)
Human Development in Art Therapy (ARE5559)
Supervised Research (ARE5910)

Supervision of Clinical Practice

FSU Art Therapy, master level practicum students. Individual supervision to 2 students (2024)

FSU Art Therapy, master level practicum students. Individual supervision to 3 students (2023)

FSU Art Therapy, master level practicum students. Individual supervision to 2 students (2023)

FSU Art Therapy, master level practicum students. Individual supervision to 3 students (2022)

Management of Multiple Course Sections

Practicum I (ARE5941)

Practicum I (ARE5941)

Doctoral Committee Member

Lucas, I. V., graduate. (2022). *African American Arts Entrepreneurs*. Retrieved from http://purl.flvc.org/fsu/fd/Lucas_fsu_0071E_17489

Newbold, S. C., doctoral candidate. *The Black Male Art Educator's Experience: Art for Self-care, Resilience, Recruitment, and Retention*.

Supervision of Student Research Not Related to Thesis or Dissertation

Hilaire, J. (Nov 2023–present).

Vasquez, D. (Oct 2023–present).

Additional Teaching Not Reported Elsewhere

Donald, K. (2024). *University Teaching Award Nomination*.

Research and Original Creative Work

Publications

Refereed Journal Articles

Durrant, L., Donald, K., & South, S. (submitted). Black Female Singlehood: Challenges and Systemic Resiliency. *Wagadu: A Journal of Transnational Women's & Gender Studies*. Manuscript submitted for publication, 25 pages.

- Donald, K., South, S., Durrant, L., & Holmes, T. (submitted). Multigenerational Resilience and Self-Esteem among Caribbean Families. *Journal of Family Relations*. Manuscript submitted for publication, 33 pages.
- Donald, K., & Warson, E. (submitted). Art Therapy with Psychiatric Patients in the Caribbean. *International Journal of Art Therapy: Inscape*. Manuscript submitted for publication, 28 pages.
- Donald, K., & Brock, E. (in press). Caribbean Family Resilience: A Mixed Methods Arts-informed Research. *International Journal of Multiple Research Approaches*, 31 pages.
- Dingus Keuhlen, K., Donald, K., Falbo, R., Lekuti, Y., Marroquin, L., & Ladd, L. (2019). Stop! Collaborate and listen! A content analysis of peer-reviewed articles investigating parenting strategies for managing adolescent internet use. *Contemporary Family Therapy*, 42(2), 163-174. Retrieved from <https://doi.org/10.1007/s10591-019-09510-z>
doi:10.1007/s10591-019-09510-z

Invited Book Chapters

- Donald, K. (2019). No man, or woman, is an island—especially on an island: Practicing art therapy in the West Indies. In Audrey Di Maria (Ed.), *Exploring ethical dilemmas in art therapy: 50 clinicians from 20 countries share their stories* (pp. 111-117). Taylor & Francis. Retrieved from <https://doi.org/10.4324/9781315545493-19>

Refereed Book Chapters

- Donald, K. (submitted). *Family Art Therapy in the Caribbean: Healing through Creativity*. Manuscript submitted for publication.
- Donald, K., & Soo Hon, S. (in press). Connecting Neuroscience to Caribbean Art Therapy Trauma Practice. In Juliet L.King, Christianne E. Strang (Ed.), *Art therapy, Trauma and Neuroscience: Theoretical and Practical Perspectives*. New York, NY: Routledge.

Presentations

Refereed Papers at Conferences

- Donald, K. (accepted). *Community Art Therapy for Caribbean Youth*. Paper to be presented at AATA's 55th Annual Conference, American Art Therapy Association, Pittsburgh, PA. (National)

- Donald, K. (accepted). *Family Art Therapy in the Caribbean*. Paper to be presented at AATA's 55th Annual Conference, American Art Therapy Association, Pittsburgh, PA. (National)
- Donald, K., & Li, X. (accepted). *Artists and Non-Artists Perspectives of Qualitative Analysis*. Paper to be presented at 20th International Congress of Qualitative Inquiry, International Congress of Qualitative Inquiry, Urbana-Champaign, IL. (International)
- Donald, K., & Vasquez, D. (accepted). *COVID-19 Visual Artistic Expressions of Caribbean Families*. Paper to be presented at 20th International Congress of Qualitative Inquiry, International Congress of Qualitative Inquiry, Urbana-Champaign, IL. (International)
- Donald, K., & Durrant, L. (presented 2023, November). *Caribbean Family Resilience in the Face of COVID-19*. Paper presented at 2023 National Council on Family Relations Conference, National Council on Family Relations, Orlando, Florida. (National)
- Donald, K., & Holmes, T. (presented 2023, October). *Clinical Implications of Integrating Art and Spirituality with Caribbean Families*. Paper presented at AATA's 54th Annual Conference, American Art Therapy Association. (National)
- Donald, K. (presented 2022, October). *Spirituality and Resilience among English-speaking Caribbean Families*. Paper presented at Intervention Research in Systemic Family Therapy Annual Conference, American Association for Marriage and Family Therapy, East Lansing, Michigan. (National)
- Donald, K. (presented 2022, February). *Arts-based Study of Family Resilience among Caribbean Families*. Paper presented at Learning from COVID-19 experiences, Florida State University, Virtual. (International)

Invited Keynote and Plenary Presentations at Symposia

- Donald, K., Soo Hon, S., Elliott Belnavis, Lesli-Ann, & Valdejuli, K. (presented 2022, March). *Pioneering Art Therapy in the Caribbean*. Plenary presentation in Stefanie Belnavis (Chair), *Storytelling of Art Therapy Practice in the Caribbean*. Symposium conducted at the meeting of Creative Art Therapists of Trinidad and Tobago. (International)

Refereed Presentations at Conferences

- Donald, K. (presented 2022, November). *Generational Transmission of Resilience and Self-Esteem among Caribbean Families*. Poster presentation at ISTSS 38th Annual Meeting, International Society for Traumatic Stress, Atlanta, Georgia. (International)

Contracts and Grants

Contracts and Grants Funded

Donald, K. (Feb 2024–Apr 2024). *Artistic expressions of family resilience before and since COVID-19*. Funded by Center for Undergraduate Research & Academic Engagement (CRE). Total award \$368.

Donald, Karina (PI). (May 2022–Aug 2022). *FYAP: Caribbean Family Resilience: Connections between Art and Spirituality*. Funded by FSU CRC. (None). Total award \$19,853.

Contracts and Grants Pending

Mathias, J., Donald, K., & Holmes, T. (Nov 2023). *Envisioning Long-Term Futures with Fishworkers and Farmers: Planning and Testing Methods for a Co-Creative, Decolonizing Approach*. Submitted to National Endowment for the Humanities.

Contracts and Grants Denied

Donald, K., Reid, L., & Daniels, H. (Nov 2021). *Collaborative Accelerator: Increasing Caribbean Community Resilience - A Mixed Methods Study*. Submitted to FSU - Office of Research Collaborative Collision.

Additional Research or Original Creative Work Not Reported Elsewhere

Donald, K., & Kintiba, G. (2022). *History of Afro-Caribbean Families and Mental Health Support*.

International Research

Donald, K. (2023). *Visual art expressions of Caribbean family resilience before and since COVID-19*.

Donald, K. (2023). *Caribbean Adolescent Summer Camp Art and Spirituality*.

Research projects in progress

Donald, K. (2023). *Qualitative analysis of Visual Data: The artist and non-artist Perspectives*.

Service

Florida State University

FSU Department Service

Interim Program Director, Art Therapy (2024–present).

Chairperson, Student Success/ADEI (2021–present).

Coordinator, Students & Faculty of African Descent in Art Ed (2021–present).

FSU Program Service

Guest Lecture, Alternative Spring break perspectives in Grenada (2023–present).

The Profession

Service to Professional Associations

Co-chair, Intergenerational Transmission of Trauma and Resilience SIG, International Society for Traumatic Stress Studies (2021–present).